

**BESTWAY**

LEAFLET N<sup>o</sup> 112

# FOR MEN in the FLEET

*Designed in Consultation  
with the ADMIRALTY*

3<sup>d</sup>



**Sirdar**

**MAJESTIC  
WOOL (4-PLY)**



# ELASTIC- FITTING RIBBED PULLOVERS

Designed in Con-  
sultation with the  
Admiralty. Made  
Sleeveless or  
Sleeved in 4-ply  
Wool.

Here is the sleeveless version of the  
pull-over, made with  
comfortably deep armholes and neck  
opening, in accordance with specified  
measurements. It is made here with  
ribbing that runs parallel to the long  
edges, but instructions are also given to  
work vertical ribbing as on the long-  
sleeved pullover shown on page 4.

No. 8 knitting needles. (For pullover with full-  
length sleeves allow an extra oz. of wool.)

**T**HIS neat pullover is made to the specified  
measurements for the men in the Fleet,  
and is considered ideal for any of the  
Services. It is worked in a simple one-row  
pattern to give an elastic rib that adapts itself  
to various types of figure. It can be made as a  
sleeveless model finished with neat single-ribbed  
bands at the armholes to match the neck border,  
or it can be copied with sleeves. The sleeves,  
as required by the Admiralty, are made only  
three-quarter length, as long sleeves get wet  
at the wrists, and the damp travels up the arm.  
Measurements are also given for full-length  
sleeves for the other Services.

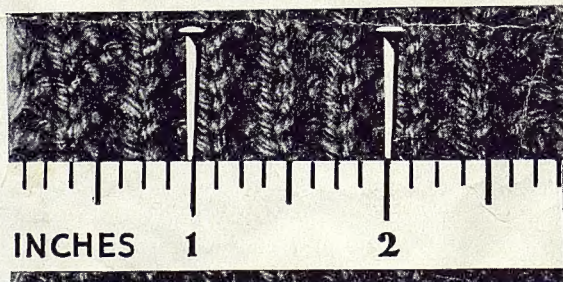
## MATERIALS

8 ozs. of Sirdar Majestic Knitting Wool for the  
sleeveless design, or 11 ounces for the three-quarter  
sleeved model; also one pair each of Nos. 11 and

## TENSION

Over the herringbone ribbing, approximately  
8 rows to 1 inch in depth and 12 sts. to 1 inch in  
width, measured with the ribbing unstretched  
(but 31 sts. to 4 inches in width after pressing).

This photograph shows the tension of the  
unpressed knitting, which is 12 stitches  
to the inch in width.



INCHES

1

2



## MEASUREMENTS

Chest measures 34 inches after pressing, but, owing to elasticity of rib, pullover will fit up to a 40-inch chest. Length from back neck to lower edge 24 inches; depth of neck-opening, 10 inches; width of neck-opening (widest part),  $6\frac{1}{2}$  inches; armhole length,  $9\frac{1}{2}$  inches; three-quarter sleeve length, 18 inches from shoulder.

## ABBREVIATIONS

K., knit; p., purl; st., stitch; sts., stitches; sl., slip; dec., decrease; tog., together; rep., repeat.

**Note 1.**—Front and back are worked to following directions for either sleeveless or sleeved model, with the exception that for the sleeved garment you must work to the sts. or measurements in brackets since the armhole is made smaller to take the sleeve.

**Note 2.**—When shaping pullover, you can keep the continuity of pattern by remembering that the first k. st. of every k.-2 group comes over the one plain k. st. of the fancy stripes.

## THE BACK

With No. 11 needles cast on 132 sts. and work in k. 2, p. 2 ribs for  $4\frac{1}{2}$  inches, but inc. 1 st. at end of last row only. Change to No. 8 needles. On the 133 sts. now work the herringbone rib.

**Herringbone rib row:** Sl. 1 \* k. 2, p. 2. rep. from \* to end.

Rep. this row until work measures  $13\frac{3}{4}$  inches ( $14\frac{1}{2}$  inches) from start. To shape armholes cast off 8 sts. at beginning of each of the next 2 rows, then dec. 1 st. at both ends of every row until sts. are reduced to 97 (111). Now keeping continuity of the rib, proceed without shaping until armholes are  $9\frac{1}{4}$  inches ( $8\frac{1}{2}$  inches) deep, measured on the straight, from 1st armhole row. Shape shoulders by casting off 18 sts. (25 sts.) at the start of each of the next 2 rows. Cast off remainder for neck.

## THE FRONT

Work exactly as given for the back until front measures 13 inches from start. Now divide for front opening.

**Next row:** Pattern 66 sts., cast off the next st., then pattern remaining 66 sts. Slip the first set of 66 sts. on to a stitch-holder and proceed only over the last group of 66 sts. thus:

\*\* Work 6 rows (12 rows), taking 2 tog. at beginning of each row that starts from neck edge. Then still taking 2 tog. at beginning of every row that starts from neck edge, shape armhole by casting off 8 sts. at beginning of the

next row; then take 2 tog. at armhole edge in each of the following 10 rows (following 3 rows). Now work armhole edge straight, but continue to dec. 1 st. at neck edge in every alternate row until sts. number 18 (25). Work a few more rows without shaping until armhole is  $9\frac{1}{4}$  inches ( $8\frac{1}{2}$  inches) deep, measured on the straight from first armhole row; cast off. \*\*

Join wool to neck end of sts. for other side and work 1 row. Then proceed as from \*\* to \*\* of the first side.

## COMPLETING SLEEVELESS PULLOVER

The sleeveless model has neck and armhole borders knitted in ribs that run parallel with the long edges, and are sewn to the pullover afterwards. (If you prefer to pick up sts. round the neck and armholes and knit in vertical ribbing, see Note 3 below.)

**The Neckband:** For neckband which is to be sewn on, cast on 2 sts. with No. 11 needles.

**1st row:** P. 1, k. 1.

**2nd row:** P. 1, then k. 1 and p. 1 both into next st.

**3rd row:** P. 1 and k. 1 both into 1st st.; then p. 1, k. 1.

**4th row:** P. 1, k. 1, p. 1; then k. 1 and p. 1 both into last st.

Keeping continuity of ribbing, inc. 1 st. at shaped edge in every row until there are 11 sts. Then rib straight until strip measures 28 inches along shorter side. Now dec. 1 st. at shaped edge in every row until only 2 sts. remain. Take 2 tog. and fasten off.

**The Armhole Bands (Two alike):** For armhole bands that are to be sewn on, work as for neckband, but make each of them only 19 inches, instead of 28 inches, down the shorter side, before commencing to shape second end.

**Making up Sleeveless Garment:** Pin out front and back sections to measurements given, and press on wrong side with a hot iron over a damp cloth, avoiding the single rib sections. Leave work pinned out until quite dry.

Sew up the shoulder seams. Sew neckband round edge of neck opening, neatly joining its ends at centre front. Sew armhole bands round armhole edges, slightly stretching inner edge to fit, then join side seams and press seams.

**Note 3.**—If vertical ribbing is preferred at neck and armholes, do not follow instructions above for neck and armhole bands, but first work as for Neck Ribbing of the sleeved model. Afterwards join shoulder seams, then, using No. 11 needles, pick up 160 sts. round each armhole edge and work rows of single ribbing for  $\frac{3}{4}$  inch, then cast off. Join side seams, and press.



## TO COMPLETE SLEEVED PULLOVER

**The Sleeves (Both alike):** With No. 8 needles cast on 61 sts., and work 1 row in herringbone rib, then keeping continuity of pattern, inc. 1 st. at both ends of every row until there are 97 sts. Proceed without shaping for 5 rows. Dec. 1 st. at both ends of the next row and every 6th row after, until sts. number 61. Work a row or two without shaping, until sleeve measures 16 inches from start. (This is the Admiralty measurement for Men in the Fleet. Should you desire to make a full-length sleeve, work until sleeve measures 17 inches down the underarm edge, before commencing wrist ribbing which follows. When measuring, stretch knitting slightly width-wise.) After this, work one more row, but dec. 1 st. at end of this row. Change to No. 11 needles and work in k. 1, p. 1 ribbing for 2 inches; cast off.

**Pressing:** Pin out front and back and press as for sleeveless model. Pin out sleeves so that the tops fit armholes, and press to match front and back.

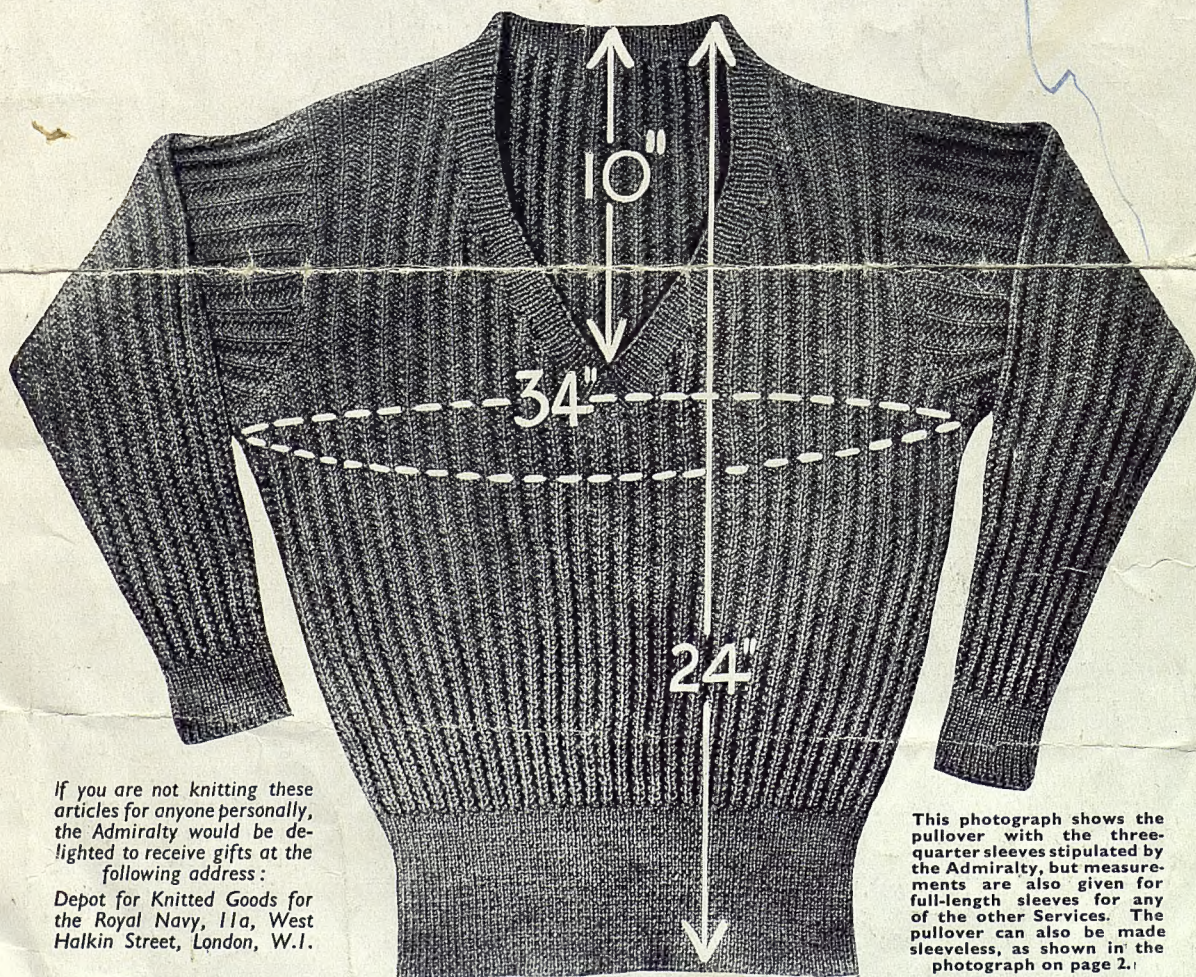
**Neck Ribbing:** With a No. 11 needle and right side facing you, pick up 48 sts. across back neck. Join on wool and using No. 11 needles, work in k. 1, p. 1 ribbing for  $\frac{3}{4}$  inch. Cast off ribwise.

Now with right side of front facing you, and starting from top of left shoulder, pick up 82 sts. along left side of front neck, down to centre front, using a No. 11 needle.

\*\*\* Join on wool, and using No. 11 needles, work  $\frac{3}{4}$  inch in k. 1, p. 1 ribbing, but, keeping its continuity, take 2 tog. at front (lower) edge in the second and every following row. Cast off rib-wise. \*\*\*

Using a No. 11 needle, pick up 82 sts. along right side of neck, from centre front to top of right shoulder. Work as from \*\*\* to \*\*\* of the left side. Join centre front seam of ribbing.

Join shoulder seams; sew sleeves into armholes. Press seams. Join side and sleeve seams.



If you are not knitting these articles for anyone personally, the Admiralty would be delighted to receive gifts at the following address:

Depot for Knitted Goods for the Royal Navy, 11a, West Halkin Street, London, W.1.

This photograph shows the pullover with the three-quarter sleeves stipulated by the Admiralty, but measurements are also given for full-length sleeves for any of the other Services. The pullover can also be made sleeveless, as shown in the photograph on page 2.

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